List & Explanation of Immunizations and Health Requirements

1. **Two-Step TB screening**
   All nursing students are required to have an initial two step TB screening or a chest x-ray upon admission to the program. If the first test reading is positive, no further skin testing is done. The person would then require follow-up by their health care provider including a chest x-ray to rule out active disease and evaluation for appropriate medication and follow-up therapy. If the first test reading is negative, the second test is performed 1-3 weeks later. If the second test is positive the person is classified as “previously infected” and cared for accordingly.

   For persons who have documentation of a previous positive PPD, no skin testing is performed and follow-up including health evaluation, symptom screening, and periodic chest x-rays is required per current CDC guidelines. Symptom screening review is to be completed yearly (see Annual Health Screening Questionnaire for History of Positive TB Skin Test form).

2. **History and Physical Clearance**
   A report, signed by the physician, physician’s assistant, or nurse practitioner, shall be provided to the nursing program. This report shall indicate that the student does not have any health condition(s) that would create a hazard to themselves, employees, or patients (Title 22). **Required Annually**

3. **CPR Certification**
   Current CPR certification through the American Heart Association Basic Life Support (BLS) is required. Certification is valid for 1-2 years in accordance with school policy.

4. **Background Check**: Refer to OC/LB Position Statement on Background Checks.

5. **Influenza Vaccination**: Must be renewed annually. Please have your vaccination completed as soon as the seasonal flu vaccine is available.

6. **Tetanus (Td/Tdap)**: Evidence of Tdap (pertussis) booster shot to fulfill requirement. ONE TIME ONLY

   For the following (7-8) you must submit laboratory evidence of immunity or TITER to fulfill your immunization requirements before the start of your course.

7. **Hepatitis B**: Laboratory evidence of immunity (TITER) is the ONLY acceptable document for this requirement. If your titer results in negative immunity/non-responsive, you must complete the three step vaccination and complete another titer a month following your last shot in the series and show positive immunity.

8. **MMR (Measles Mumps & Rubella)**: Laboratory evidence of immunity (TITER) is the ONLY acceptable document for this requirement. Must have positive immunity to all three.

9. **Varicella**: Laboratory evidence of immunity (TITER) is the ONLY acceptable document for this requirement.
CHECKLIST

WHAT IS A TITER?:
Antibody titer is a laboratory test that measures the level of antibodies in a blood sample. This will be your laboratory evidence of immunity.
The antibody titer is also used to determine:
- If you need a booster immunization
- Whether a previous vaccine helped your immune system protect you against the specific disease
- If you have had a recent or past infection such as mononucleosis or viral hepatitis

What do I need to have my Healthcare Provider complete?

☐ Signed History and Physical Clearance letterhead
☐ Two-Step Tuberculosis (TB)
  - Test#1 Date: __________ Date of negative reading: ________
  - Test #2 Date: __________ Date of negative reading: ________

Which of my immunizations require a TITER (Laboratory evidence of immunity)?

☐ Hepatitis B
☐ MMR
  - Measles (Rubeola)
  - Mumps
  - Rubella (German Measles)
☐ Varicella (Chicken Pox)

Which of my immunizations requires ONLY proof of vaccination?

☐ Flu Vaccination
☐ Tetanus (Td/Tdap)

If your TITER is NEGATIVE or EQUIVOCAL you must return to your healthcare provider and receive the booster shot/ or vaccination for the series. Following your inoculation you will need to return for another TITER to show proof of adequate immunity.

Because this process can be lengthy, we encourage students to complete their TITERS ASAP. Not completing these immunization requirements by the deadline could result in removal from your enrolled course/ clinical rotations. If you encounter any issues with your immunizations/titers please contact Nursing Science as soon as possible.