

You are invited to join us for a lecture:

**New Interventions and Their Behavioral Mechanisms:
Methods to Improve the Mental Health of
Adolescents and Young Adults in the Community**



Melissa D. Pinto, PhD, RN, FSAHM, FAAN

Mental health problems are pervasive among adolescents and elevate morbidity and mortality rates. Dr. Pinto will discuss use of avatars and CBCT[®] (a mind training intervention to build resilience) as therapeutic agents that improve mental health outcomes of adolescents and young adults. She will also explore potential mechanisms of interventions to be examined in future work.

Monday, February 5, 2018 at 12:00 - 1:00 p.m.

Location: Tamkin Hall, F114