You are invited to join us for a lecture:

Cultivating Wellbeing in Our Lives and Campus Community

Mary Jo Kreitzer, PhD, RN, FAAN
Professor
University of Minnesota
Center for Spirituality & Healing,
School of Nursing

Mary Jo Kreitzer PhD, RN, FAAN is the founder and director of the Center for Spirituality & Healing at the University of Minnesota where she also serves as a tenured professor in the School of Nursing. Within the School of Nursing, Dr. Kreitzer is the co-lead of the doctorate of nursing practice program in integrative health and healing. She has served as the principal investigator or co-principal investigator of numerous clinical trials focusing on mindfulness meditation with persons with chronic disease including studies focusing on solid organ transplant, cardiovascular disease, chronic insomnia, diabetes, and caregivers of people with Alzheimer’s disease. Current studies include the role of mindfulness in improving human brain-computer interface and the use of social technology to enhance healing and wellbeing.

Tuesday, December 4, 2018 from 5:00 – 6:00 p.m.
Location: Nelson Hall Auditorium